



Manasa Trust®

Kateel Ashok Pai Memorial College

Jnanapatha Campus, Sagara Road, Malligenahalli, Shivamogga, Karnataka-577205

ANNUAL REPORT 2024-25

Introduction

Kateel Ashok Pai Memorial College (KAPMC) is a fledgling college started by Manasa Trust, Shivamogga. Late. Dr. K A Ashok Pai, was an internationally renowned community psychiatrist, writer, film maker, philanthropist and a pioneer in the field of mental health. KAPMC (Affiliated to Kuvempu University and Recognized by the Govt. of Karnataka) started in memory of this great visionary, aims to provide higher education in the field of psychology and humanities, in an attempt to build a healthier society.

Manasa Trust was founded with the objective of promoting the concept of positive mental health education and trying to drive away the myths and misconceptions regarding human behaviour, thus contributing towards the overall development of the community.

It was established in the year 1998 as a charitable trust with multiple aims and soon decided to focus more on the primary objective of imparting education.

Vision

To prepare students to meet the challenges of tomorrow with creativity, critical intelligence, competence and responsibility. To provide education fostering values of sharing, service and justice, thereby leading to a more equitable human society.”

MISSION

- ✧ To offer need based relevant courses of study blending knowledge and skills.
- ✧ To create necessary ambience and activities to nurture holistic comprehensive development of the youth.
- ✧ To introduce innovative learning methods in the discipline s of literature, psychology, social work and other social sciences.
- ✧ To complement academic education with training in multiple skills in communication, social intelligence, and critical thinking.
- ✧ To support humanistic values enshrined in the constitution of India.

Kateel Ashok Pai Memorial College (KAPMC) 2024-25

The academic year 2024-25 is a story of resiliency. This year brought its own unique challenges, but it also brought many reasons to celebrate. The contributions made the past year extend well beyond the classroom and will shape the future of our institution. While uncertainties still persist, we remained focused on our ambitions and dedicated towards creating a culture of academic excellence keeping a regular dialogue with different stakeholders.

Management

The college which is started in 2017 is run by Manasa Trust Dr Rajani A Pai as the Director. Dr Preethi V Shanbag as Academic Director, Dr Vaman Shanbhag as Trustee.

Courses Offered

The college offers UG Courses BA, BSW, BSc, B.Com, BCA and PG course MSc psychology which are affiliated under the kuvempu university

Staff

The College has more than 45 teaching staff members and more than 12 Non teaching Staff.

Students

The KAPMC on its roll has more than 500 students.

Activities Conducted / Organized during the Year

The different functional departments, clubs and associations of the college have organized various activities in the year. They are as follows:

In October 2024 the Department of social work, MSc Psychology and Clinical Psychology took the lead with a series of impactful events on the occasion of World Mental Health Week in collaboration with the District Legal Aid Authority, DHEW, District health and family welfare department, women and child welfare department. The most appreciated programs in this occasion were stress management workshop for all the women members of women and child welfare and training on identifying mental health problems among children and adolesecnts for ASHA Workers of shivmogga taluk, resource persons were Dr Pushpalatha, Dr Archana Bhat, Mrs Shridevi and others. This week was highlighted by featuring unique competitions selfie with family, poster making and collage making. They also extended their expertise with an extension program on LD training for the teachers of little flower school Bhadravathi.

Additionally, the department of psychology organized a program on recognizing distress an essential to mental health management.

In the same month department of social work in collaboration with Vishwa Samvada Kendra organized an interactive session with Mr. Rajesh Padmar Author Bangalore on the topic Samajika Jalatana Samavesha. Department of English organized orientation program on Perspectives of Literature by the team Alumni Association of Kuvempu University to the Literature students. Department of Kannada under the banner of Sahithya Sahrudaya organized a club activity.

Department of computer science inaugurated 2nd computer lab followed by the session on unlocking the power of mind by Mr. Rtn Arun D S MLC Shimogga and Mr Santhosh from rotary.

November was a month of cultural pride and social responsibility. The Department of Kannada celebrated Kannada Rajyothsava honoring the state's rich heritage it was an honor to have Dr Sonale Shrinivas as the Chief guest on this occasion. Department of English organized special lecture by Prof Ashok Retd Prof LB College Sagara on Douloti a fiction by maha Shwetha devi. Department of psychology extended their expertise with a student Counseling session for the students of DVS College for a week and organized awareness building webinar by Mrs Gowrishri S on women mental health matters an open for all. Abhivyakthi cultural forum organized a skit on mental health building awareness among the follow students.

Later department of zoology inaugurated science club named as Bio Spectrum and organized special lecture on the Snake Feeders Ecology Conservation and snake bite solution by a prominent resource persons Mr. Ajay Giri, Rithan Boppana ,Abhilash and Venu of Agumbe Rain forest research center.

December was a vibrant month packed with academic and cultural activities. Anveshana 2024 educational exhibition and cultural fest was organized and it was inaugurated by Mr Chennabasappa MLA shivmogga, this mega exhibition event was witnessed by more than 2000 people, 15 PUC colleges participated in the cultural competition and in which Sri Adichunchanagiri Pre university college won the overall championship. Department of English organized two workshops for young writers by the eminent persons Dr Sabina Bannadi, Dr Bharathi Devi, Dr Ramalingappa Begur and Dr Gangadarappa.

January 2025 began with a focus on interaction with eminent persons, technology and innovation. Inauguration of Manoloka Granthalaya and Digital Library the inauguration was done by Smt H R Meenakshi and special lecture was delivered by Dr Santhosh Kumar Kt Prof department of PG Studies and Research in Library and Information Science Kuvemu University

Social work students had an interaction with the famous women social activist Yumuna Gounkar. English literature students visited Kuppalli as a part of academic tour. Month was concluded by celebrating Republic Day, emphasizing unity and national pride. Students of M.Sc psychology visited central jail shimoga and performed cultural programs.

February brought a blend of commemorative and educational events. NSS Unit of the college organized 7 days rural camp. Department of computer science in collaboration with placement and career guidance cell and department of commerce organized 3 days placement and training on soft skills by an eminent resource person Mrs Savitha Madhav, HR Consultant and Trainer Shivmogga. Department of psychology organized online session by Mrs Gourishri S on introduction to personality disorder.

March was a month of empowerment and learning. The college celebrated International Women's Day by conducting series of competitions to the students in the campus. Department of English organized quiz relating to women achievers, department of commerce organized essay writing titled role of women in society, department of computer science organized documentary show relating to an inspiring woman, department of kannada organized kavana vachan, department of zoology organized poster making on the theme kitchen to space and caption writing competition based on the particular image.

Department of social work, NSS, Red Cross celebrated International Women's Day at konagavalli tanda by felicitating the ASHA workers of konagavalli village. On the same day in collaboration with Subbaiya Medical College organized medical checkup for women at konagavalli tanda adopted village.

Department of English organized special lecture on Things Fall Apart by Prof Rajendra Chenni. Department of computer science organized IT & ERP orientation by the eminent person Mr Muralidhar H N Shomu Consultant SAP Practice Head Bangalore.

Department of computer science organized IT & Tally courses inauguration was done by Brig Dr Surjith Singh Pabla, Chairman, MSDC Manipal orientation about the courses was given by Dr Rajalaxmi Anandan head IT Skill School MSDC manipal and Dr Anjaiah Devineni registrar MSDC Manipal.

Department of commerce organized special lecture by Mr Manjunath Jois Retd. Principal, Hs Rudrappa College Shivmogga on basics of accounts, along with this they also released the banner named avinya. Department of psychology organized awareness webinar on women's mental health matters: an open for all. They visited to open minds school as a part of educational purpose. Department of Kannada organized academic visit to the historic places.

Yashodeepa Parent Teachers' Association hosted parents meeting mainly to discuss about the academic performance of the students.

Students participated in the weeklong seminar on life series program organized by the department of EVS, Kuvempu University. KAPMC arranged educational fest at Sacred Heart Church community hall in collaboration with Malnad Education Fest of Subbiyya Medical College, Shivamogga. Department of Economics arranged Educational visit to Vidanasouda for a state budget analysis of 2025-26

April was a month filled with creativity, career guidance, and community awareness. Department of psychology organized a special lecture on understanding adult autism by Mrs Gourishri, session on cognitive film psychology by Dr Jeril Joy, career counselling drive for the children of employees of BOSCH by Dr Archana Bhat.

Department of computer science organized a special lecture on generative AI and prompt engineering the session was given by Mr Ravi Kumar Nadiga N K Oracle

Department of English released e magazine named Chittara by Mr Honnalli Chandrashekar Chief Editor Kannada Medium News Channel.

Department of chemistry organized special lecture on symmetry and group theory by an eminent resource person Ms Samhita Mahima.

Department of social work in collaboration FPAI organized a guest lecture on women health and the session was delivered by Dr Raksha Rao from Usha Nursing home Shivamogga.

Fire safety training was arranged at the KAMC Campus by the fire safety department of Shivamogga.

Department of physical education organized KAPMC Jubilant 2025 annual sports meet for the students of KAPMI group of institutions.

Anveshana cultural competitions were held in the KAPMI campus for the UG and PG courses of KAPMI.

May was marked by community service, cinematic appreciation, and meaningful discussions. Department of psychology organized wildlife and conservation drive at Shivmogga zoo as an extension program to dissertation studies on ecology and behaviour undertaken on captive tiger, camp trained and treated elephants, free ranging dogs and 20 days internship program for zoo enrichment and comics interpretation boards. Department of computer science organized the road to my first offer a candeed placement experience by the students of III BCA who have received campus placements. The department of psychology organized educational visit to it students.

MOU

The college has more than 15 MOU with different organization, institutions academic universities, colleges and departments. This year the college strengthened its ties with the industry through an MOU with MSDC Manipal and Elcarreira Technologies Private Limited aiming to facilitate training and placement opportunities for our students.

Research center

Happy to share that Kuvempu university has given its recognition for research center in psychology and the guides will be Dr Archana Bhat, Dr Thejeshwar and Dr Shwetha K T.

Students' Achievements

Students participated in the Sahyadri Utsava which was held at kuvempu university Akshatha R Kamath received 1st prize in poster making, Sanjana received 3rd prize in clay modelling, Spoorthi got first prize in speech, Indian group song second prize, wesrern group song 3rd prize solo classical by Pragna Deepthi first prize, solo western Shravya first prize, and the team KAPMI received runners up at the event.

Students participated in the K U intercollegiate athletic meet 2024 held at Neharu Stadium organized by DVS College 4th December to 5th December (Anikethan Msc, Janardhan BCA, Shelvin BCOM, Bharath BA, Sanjana BSW, Shantika BA, Sanjana AS BA, K S Gnana BCA)

The students of KAPMC participated in various sports event organised by Kuvempu University, the events are athletics for men and women In men section, Shelvin Peter final year, B.Com got selected in hundred metre final heats Sanjana first year, BSW secured fourth place in Marathon event and also she participated in cross country event held at GFGC hosnagara and secured ninth position out of 78 participants, and also she participated in 5000 race organised by Malnad friends koppa and secured second place with ₹5000 cash price.

KAPMC woman badminton team consists of KS Gnana, Thanmayi HS, Devisannidhi, Deepthi secured fourth place in woman badminton held at GFGC Shikaripura. Boys team participated in kabaddi inter College tournament held at GFGC kadur.

Ms Aishwarya and Ms Apporva of 1st BA presented paper and received best paper award in the national level conference held at JNNCE.

Ms Spoorthi of 2 BSW secured 1st place in the pic and speech competition in the national conference held at school of social work Roshni Nilaya mangalore. She also received

first prize in the reality show held by kannada medium channel. She was also got selected and reached state level for Speak for india conducted by Vijaya Karnataka.

3 Students (Aprameya 1 BSc., Manjula and Rahul from 2BSW) of KAPMI NSS unit attended IC Camp held at theerthahalli.

Ms Vaishnavi (IBSc) secured first place in Bharath Natyam and second place in music in 44th global competition of Indian art and culture.

UG Students Harshavardhan, Darshan, Ajay, Thanmayi, Pruthvishree participated in the competition organized by Karnataka Jana Pada Parishath Bangalore District Committee Shivmogga and they secured 2nd prize with cash.

Awards Books authored and publications

It is pride to share that our Kateel Ashok Pai Memorial College obtained 2ND highest score in the affiliation scores among colleges of Shivamogga.

The department of psychology taken an initiative of opening Manasa wellbeing center.

Prof Rajendra Chenni Director of MCCS Shivmogga received Kannada Bhasha Bharathi Gourava Prashasthi Chithradurga

Dr Sandhya Kaveri K Principal of KAPMC is the member of academic council of Kuvempu University for the academic year 2024-25

Dr Archana Bhat HOD Department of Psychology is Nominated as member for Karnataka State Allied and Medical Health Care Council in November 2024. She also Conducted pre conference workshop at Christ university Delhi for NAOP national Conference. Resource person for National level FDP on Mentoring for college students conducted by Reva University
Panelist at state conference for Karnataka state ICSE and CBSE schools' association on the topic " Education for Gen Z: Challenges ". Conducted psycho education program for Cancer survivors and their families at the department of Oncology Narayana hospital, Shivamogga.
Conducted 2 days' workshop on research methodology at St Paul's college bengaluru
Conducted Psycho education program for over 200 ASHA workers in association with department of health, Shivamogga district on awareness on mental health.

Dr sukeerthi HOD of Sociology Department authored and published two books in English and Kannada on social change stratification and social mobility.

Mr Manjunath swamy HOD department of Social Work authored and published book titled Nam Halli Threatru. He also received Yuvarathna Award 2024 by Karnataka Press Bangalore.

Mrs. Shruthi SMG Department of chemistry
Published Research Paper titled "Graphene oxide/CuO/ZnO Nanocomposite Combined Carbon Fibers as a sensor for the Determination of Chloramphenicol"

Mr Mangesh pai, Mr Abhishek H and Ms Kavya faculties of Department of computer science published a paper on Mobile computing and E Commerce.

Mrs Nancy Lavina Pinto published a paper on Knowledge of Healthy Practices during Menstrual Cycle among the Preadolescent Females.

Ms Gowrishree H O, Asst Professor, Department of Zoology along with 3 final year students attended Mini-Symposium on Trends in Ecology and Evolution organised by Manipal Centre for Natural Sciences, MAHE & Ashoka Trust for Research in Ecology and Environment (ATREE) at MAHE, Manipal on 27th December 2024.

Ms.Deeksha.H.S., accompanied by five first-year B.Sc. Students, participated in a One-day, State-level workshop on "Preservation of Biological Specimens and fixing them by Taxidermy Techniques", held at Sir.M.V. Government Science College, Bhadravathi.

7 faculties have attended FDP Program in the academic year 2024-25

Ms Yoshitha S Sonale of English Department and Ms Shewtha of Political Science have cleared KSET examination held in the year 2024. Mr Mangesh Pai HOD computer science and Ms Kavya S of computer science has cleared NET Ph.D. eligibility.

Along with these, there are various case history discussions, journal clubs, seminars, film clubs, and cultural forum activities conducted in the college on weekly or monthly basis.

In this condensed report, we have highlighted the vibrant activities and initiatives that have enriched our academic year. Each month's endeavors mirror our institution's commitment to education, community service, and personal development. This was possible only because of continuous support from the Manasa management team, all the faculties, advisory members, parents, and our beloved students.

As we embark on new endeavors in the upcoming academic year, let us carry forward the lessons learned, the memories shared, and the bonds forged during this remarkable journey.